

December 2023 Menu Planner



Day	Breakfast	Lunch	Snacks	Dinner
01 Friday				
02 Saturday				
03 Sunday				
04 Monday				
05 Tuesday				
06 Wednesday				
07 Thursday				
08 Friday				
09 Saturday				
10 Sunday				
11 Monday				
12 Tuesday				
13 Wednesday				
14 Thursday				
15 Friday				
16 Saturday				
17 Sunday				
18 Monday				
19 Tuesday				
20 Wednesday				
21 Thursday				
22 Friday				
23 Saturday				
24 Sunday				
25 Monday				
26 Tuesday				
27 Wednesday				
28 Thursday				
29 Friday				
30 Saturday				
31 Sunday				